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Going Green

**Parkside School for the
Arts**



Parkside School for the Arts
2969 South Howell

Milwaukee WI 53207

QUESTIONS???

Contact: Erin Dentice

Agricultural Program Coordinator

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**PARENT GUIDE TO
AGRICULTURAL PROGRAMMING**



NUTRITION EDUCATION

During the 2017-2018 school year, through a partnership with the Medical College of WI, students will be offered an array of agricultural learning experiences:

1. Growing food in the raised beds, hoop houses and aquaponics lab.
2. Visiting Bay View High School for insight into the culinary arts.
3. Touring restaurants to observe farm to table cooking.
4. In class nutrition support by the Agricultural Program Coordinator.
5. School wide fresh food tasting from our very own harvest (every student will be exposed to up to 5 lbs. of fresh produce through this exciting program).



SCHOOL WIDE NUTRITION PLEDGE

In conjunction with our dedication to nutrition and our students, Milwaukee Parkside pledges to be a healthy and nutritious school.

Incentives will move from treats and candy to non-food rewards (i.e. stickers, prizes, extra recess, games, etc.).

Supporting the 'whole child' ensures success for all. Please let us know if you need assistance with supporting this philosophy at home.

PARENT COHORT

Working cohesively with the nutrition education program for the students at Milwaukee Parkside, parents will be invited to participate in culinary arts classes so that they may bring the influence of cooking nutrient dense, seasonal foods into the home.

Providing a unified approach to wellness and health sets up all students for success.

Invitations for these sessions will be sent out classroom by classroom as the program is introduced during the 2017-2018 school year.



HOW CAN YOU HELP?

- Contact Ms. Dentice for more information that you can use at home to support nutrient dense, seasonal cooking.
- Volunteer to repair and prepare our hoop house gardens for spring planting, upkeep and harvesting.
- Volunteer in the classroom for nutrition lessons.
- Volunteer in raised bed gardens by joining the garden club.
- Support our compost initiative by composting at home.

COMPOST PROGRAM

Beginning in the fall of 2017, Parkside will launch a school wide compost initiative. The middle school students, who already received training from Compost Crusaders last school year, will lead the program.

They will begin by tracking waste: garbage, recycling and organic matter. The next phase will include diverting compostable items during the middle school lunch period. After this, the middle school students will teach the rest of the school, classroom by classroom, how to divert their compostable waste. This will be executed by classroom lessons, signs they create and announcements.

Watch the website and weekly packets for more information about this exciting program.

